

Hands of

"Pray without ceasing."
1 Thessalonians 5:17

PRAYER

Pray for your friends & family

Pray for the sick, dying, weak, homeless, poor, uneducated

Those who are weak

Those you love the most

Those who stand tall

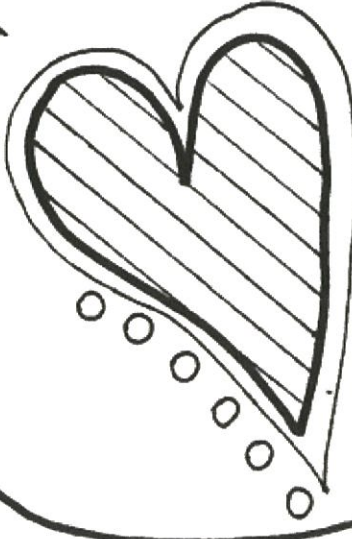
Those who point the way

Pray for those in positions of leadership - The President, government leaders, principals, employers

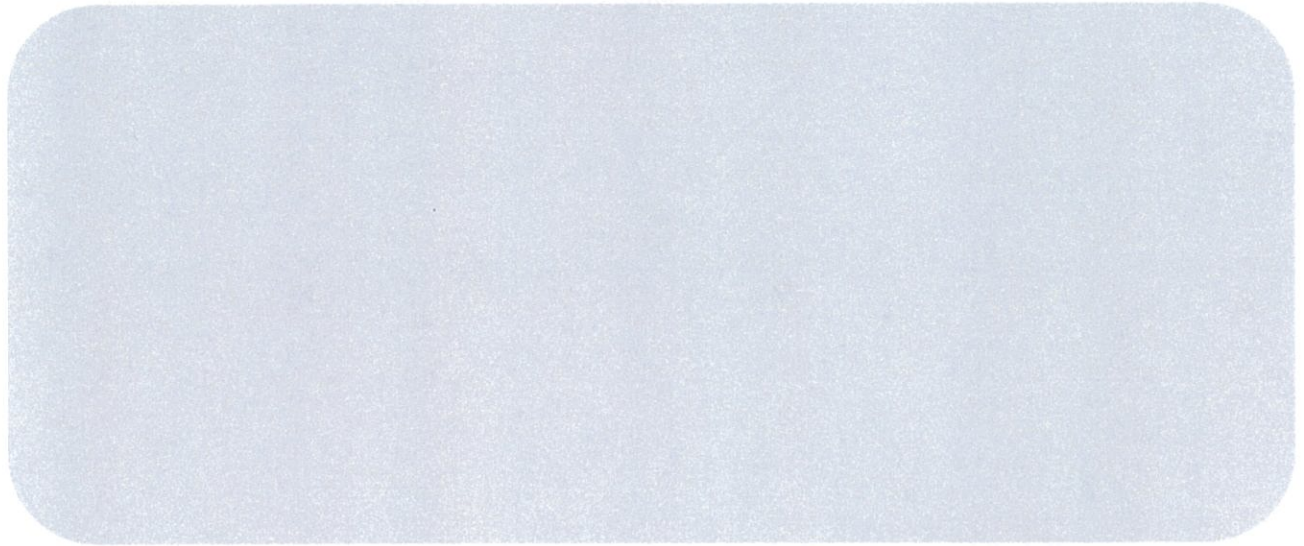
Pray for those who are an example of Christian life - The Pope, Bishops, Priests, teachers, mentors

Intentions closest to your heart

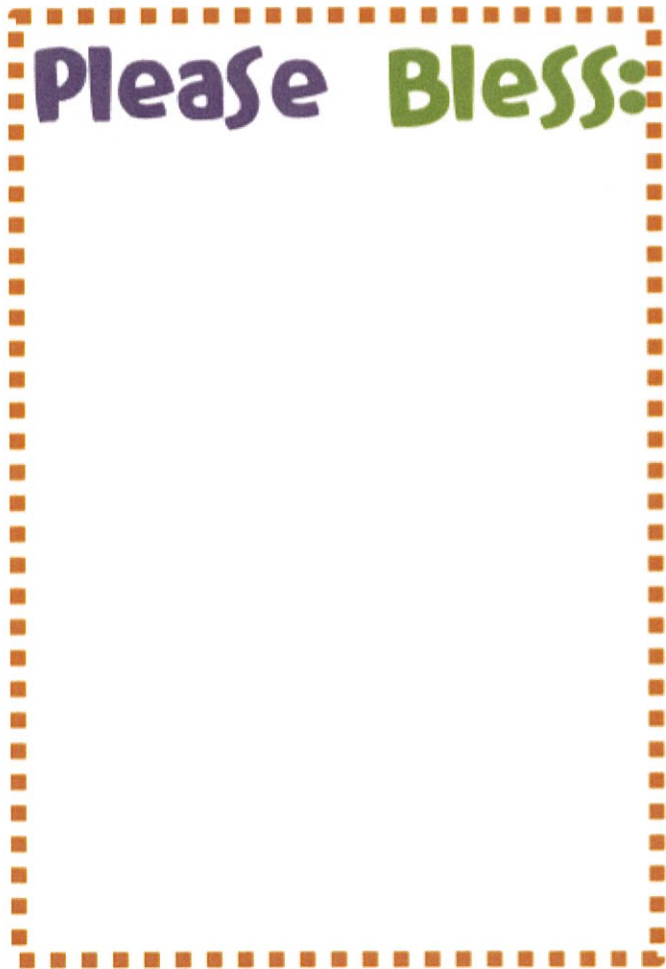
Pray for your concerns, plans, hopes & fears



Thanks for..



Please Bless:



Help Me With:

The ABC' s of Prayer

Because of our relationship with the Lord, we can pray specifically and with perseverance.

¹²For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. ¹³Nothing in all creation is hidden from God' s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.¹⁴Therefore, since we have a great high priest who has ascended into heaven,¹⁵ Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁶For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶Let us then approach God' s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. — Hebrews 4:12-16

Pray in Agreement, because of our fellowship with other Christians, we can do this.

Matthew 18:19

Acts 1:14

Pray with Belief, because of our faith in the Lord, we can do this.

James 1:6

Matthew 12:22

Mark 11:24-25

Romans 8:26-27

Pray Boldly with Confidence, because of our hope in the Lord, we can do this.

1 John 5:14 (read 13 and 15 too)

Pray Specifically and with Perseverance, because of our relationship with the Lord, we can do this.

Luke 22:42

The ACTS of Praying!

Acknowledgement — Give to God; praise, worship, love.

Confession — Ask God for forgiveness and to cleanse your heart.

Thanksgiving — Give God thanks for all blessings and in all circumstances.

Supplication — Ask God for guidance, discernment, and requests for family, others, and yourself.

⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord' s people. ¹⁹ Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel. — Ephesians 6: 18-19

MAY

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Sunday

When I thought, “My foot slips,” Your steadfast love, O LORD, held me up. When the cares of my heart are many, Your consolations cheer my soul.

Psalm 94:18-19

I've Got You

Jack was sweating . . . and not just because it was hot! His whole class was watching as he tried to climb the rock wall on a field trip. His hands were sweaty, and he was losing his grip. His toes were balancing on little pegs, and he knew he couldn't go any further up the wall. Jack screamed, “I'm going to fall!”

“You will not fall, Jack. I have you!” called Mr. Williams, Jack's teacher. Jack was wearing a harness that was connected by a rope to Mr. Williams' harness. If Jack fell, the harness, rope, and Mr. Williams would all catch him. Jack was safe, but Jack was scared.

Finally, it happened. Jack's feet slipped off the pegs and he started to fall! Before he could even let out a scream, he felt the pull of the rope. Mr. Williams yelled, “I have you!”

Jack found himself still high in the air, just sitting in the climbing harness. Jack's teacher slowly lowered him down until he stood on solid ground. Mr. Williams explained, “I had you the whole time!”

We all find ourselves in trouble sometimes. No matter what kind of trouble you are in, God always has you. When you feel like life might knock you down, remember the kind of God you have. God loves you, gave His Son, Jesus, for you, and is with you always!

Journal:

Tell of a time when you were scared but God totally took care of you.

Pray:

*Father, when I am in trouble, You hold me up. I know I am safe with You!
Amen.*

F. S.